



Arthritis Foundation Exercise Program Instructor Training

Friday, March 30th, 2012
8:30am – 4:30pm

Location

Deforest Area Community & Senior Center
505 North Main Street
DeForest, Wisconsin 53532

Date

Friday, March 30th, 2012
8:30 am – 4:30 pm

Check In Time

Please arrive 15 minutes before
posted time for check-in



Trainer

Marj Chepp

Fee:

\$100.00 – Initial (Full) Instructor Training
\$ 75.00 - Recertification Training
Cost includes manual and all materials

Make checks payable to:

Arthritis Foundation, Upper Midwest Region
(Sorry – No refunds)

Acceptance of your registration will depend on upon the following:

- ✓ Submitting a completed workshop application form
- ✓ Submitting a SIGNED Statement of Understanding (attached to application)
- ✓ Submitting a copy of current CPR certification card
- ✓ Partner Co-Sponsorship Agreement with facility on file with the AF Upper Midwest Region (Contact Alison if you do not have one)
- ✓ Enclosing payment for each participant
- ✓ Space available (limited enrollment of 20)
- ✓ Registration received by **Friday, March 23rd, 2012**
*FIRST COME, FIRST SERVE!
*The earlier you sign up the better, as the new materials have trainings filling up fast
*Those needing recertification are required to attend the all day training – new materials & exercises will be taught

PRE-REGISTRATION REQUIRED BY DEADLINE! NO WALK-IN OR LATE REGISTRATIONS!

**Mail/fax completed application, signed Statement of Understanding,
copy of CPR card, & payment to:**



Fax: (414) 321-0365
Alison Eschweiler
Health Promotion Coordinator
Arthritis Foundation, Upper Midwest Region
1650 South 108th Street
West Allis, WI 53214-4021

Direct: (414) 329-4603, Ext 223
Email: aeschweiler@arthritis.org

If you would like more information, please feel free to contact Alison!